DECEMBER 2024 AVENUE CITY ELEMENTARY SCHOOL





Lunch: \$3.35 Extra Entrée: \$1.60 Extra Milk: \$0.55 Sack Lunch: PB&J (MWF) Ham or Turkey Sandwich (TTH) 1% Low Fat White, Strawberry & Chocolate Milk *DYE FREE OPTIONS AVAILABLE

Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber than refined grains. This Institution is an equal opportunity provider.

WEDNESDAY THURSDAY FRIDAY

MONDAY

NO SCHOOL 2

Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn Fruit Roll

TUESDAY





Rib Sandwich Baked Beans Chips Fruit

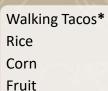






ETHAN'S SPECIAL

Breakfast Burritos Sausage Patty Asparagus Fruit





Hot Ham & Cheese Sandwich* Potato Wedges Green Beans Fruit







Honey BBQ
Boneless Wings
Fries Fruit

Celery Sticks



23

30

Chicken & Mexican Rice Queso Chips & Salsa

Fruit









NO SCHOOL
WINTER BREAK



Corn





Chocolate Cupcakes





NO SCHOOL
WINTER BREAK





